

Are you sometimes so excited by your work that thinking about it keeps you awake at night?

Yes* | Maybe | No || Score:

Do you compare your ability and performance on a job with that of other people?

Yes* | Maybe | No || Score:

Are you inclined to be envious of the success of other people?

Yes* | Maybe | No || Score:

Do you get excited when you are telling someone about your future plans?

Yes* | Maybe | No || Score:

Is it important to you to "get on in the world"?

Yes* | Maybe | No || Score:

Do you enjoy reading about the lives of famous people?

Yes* | Maybe | No || Score:

Are you satisfied with things just as they are rather than striving to improve your position?

Yes | Maybe | No* || Score:

Do you find distractions very annoying when you are working?

Yes* | Maybe | No || Score:

Would you prefer to laze on the beach rather than work on a project?

Yes | Maybe | No* || Score:

Have you ever tried to model your life on that of a person you admire?

Yes* | Maybe | No || Score:

Are you satisfied with your current achievements?

Yes | Maybe | No* || Score:

Would you very much enjoy being "in the public eye"?

Yes* | Maybe | No || Score:

Are you embarrassed if you caught being lazy?

Yes* | Maybe | No || Score:

Do you take a great deal of pride in your achievements?

Yes* | Maybe | No || Score:

Do you have a strong desire to "better yourself"?

Yes* | Maybe | No || Score:

Do you prefer to mix with people who are ambitious and successful?

Yes* | Maybe | No || Score:

Do you let an escalator carry you along without walking yourself?

Yes | Maybe | No* || Score:

Do you know what you want and are determined to get it?

Yes* | Maybe | No || Score:

Do you think it is important to make a creative contribution to society?

Yes* | Maybe | No || Score:

Are you happy to live your life without necessarily making any impact on the world around you?

Yes | Maybe | No* || Score:

When you play a game, is it important to you to do well?

Yes* | Maybe | No || Score:

ANALYSIS

Those with high scores are ambitious, hard-working, competitive, keen to improve their social standing and place a high value on productivity or creative output. They have clear aims in life and are willing to put in the effort to achieve them.

Those with low scores place little value on competitive performance or creating worthwhile effects. Such a person may be retiring, aimless or apathetic; this may be because of past failures, disillusionment, a feeling of estrangement from the goals of society, or simply not having established a personal identity or vision for the future.

How do you compare?

The norm on this trait is between 14-15 points (a statistical approximation). This may be represented on the following scale:

Ambitiousness 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 || 14 13 12
11
10 9 8 7 6 5 4 3 2 1 Unambitiousness

C - MASTERY/SYMPATHY

Trait 4 - MANIPULATION

Do you prefer to conceal from others what your motives are for your actions?

Yes* | Maybe | No || Score:

Would you be more upset by losing some valuable property than hearing that a friend was seriously ill?

Yes* | Maybe | No || Score:

Do you think that honesty is always the best policy?

Yes | Maybe | No* || Score:

Do you think that politicians are generally sincere and doing their best for the country?

Yes | Maybe | No* || Score:

Do you sometimes tell people what you think they want to hear so they will think better of you?

Yes* | Maybe | No || Score:

Do you think that fools deserve to be parted from their money?

Yes* | Maybe | No || Score:

Are you adept in the use of white lies?

Yes* | Maybe | No || Score:

Do you agree that it is naive and dangerous to place your complete trust in another person?

Yes* | Maybe | No || Score:

Do you consciously use flattery to assist in gaining your own ends?

Yes* | Maybe | No || Score:

Do you believe it is necessary to cut corners here and there to get on in the world?

Yes* | Maybe | No || Score:

Are you generally cool and detached in your dealings with other people?

Yes* | Maybe | No || Score:

Would you be happy to take advantage of peoples' ignorance or naïvity in your business activities?

Yes* | Maybe | No || Score:

If you want someone to do something for you, do you tell them your true reasons rather than offer reasons which might be more acceptable and persuasive?

Yes | Maybe | No* || Score:

Do you tend to feel sympathy for the underdog?

Yes | Maybe | No* || Score:

Are you drawn towards people who are sick or unfortunate?

Yes | Maybe | No* || Score:

Do you think that most people are basically good and kind?

Yes | Maybe | No* || Score:

Do you think it is justified to hurt other people to get what you want?

Yes* | Maybe | No || Score:

Do you usually take care of your own interests before worrying about those of other people?

Yes* | Maybe | No || Score:

Do some of your friends regard you as too good-natured and easily taken advantage of?

Yes | Maybe | No* || Score:

Do you normally tell the truth even though you might be better off lying?

Yes | Maybe | No* || Score:

Are you generally able to persuade other people to do what you want them to do?

Yes* | Maybe | No || Score:

Would you put yourself out to help somebody who was suffering an emotional hurt?

Yes | Maybe | No* || Score:

Do you tend to get closely involved with other people so that you share their problems?

Yes | Maybe | No* || Score:

Do you think there are better reasons for getting married than being in love?

Yes* | Maybe | No || Score:

Would you befriend someone you did not really like if you thought he or she might be a useful contact?

Yes* | Maybe | No || Score:

Do you gain a lot of pleasure out of helping other people?

Yes | Maybe | No* || Score:

Can you easily disregard the feelings of other people in order to deal more expediently with them?

Yes* | Maybe | No || Score:

Do you often plan what you are going to say before you meet someone?

Yes* | Maybe | No || Score:

Is love more important to you than success?

Yes | Maybe | No* || Score:

Do you regard yourself as a skilled organizer and manipulator of other people?

Yes* | Maybe | No || Score:

Would you consider threatening another to get them to do what you want?

Yes* | Maybe | No || Score:

ANALYSIS

Those with high scores tend to be detached, calculating, shrewd, worldly, expedient and self-interested in their dealings with other people; at the extreme this may be psychopathic, where empathy is impossible - the world view of the criminal or tyrant.

Those with low scores are warm-hearted, trusting, empathetic, straightforward, honest and altruistic, perhaps also a little naive and gullible. Most people would like to have empathic relationships since this quality is necessary for good communication, shared agreements and mutual understanding. However, the need to be right, fixed ideas and the stresses of survival may drive people into manipulative strategies, as seen all too commonly in the home or in the workplace.

How do you compare?

The norm on this trait is between 12-13 points (a statistical approximation). This may be represented on the following scale:

Manipulation 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 || 12 11
10 9 8 7 6 5 4 3 2 1 Empathy

C - MASTERY/SYMPATHY

Trait 5 - SENSATION

Do you like a good deal of variety and change in your life?

Yes* | Maybe | No || Score:

Would you like to ride in a racing car at 180 m.p.h.?

Yes* | Maybe | No || Score:

Do you like to be in a climate that has very even temperatures?

Yes | Maybe | No* || Score:

Would mountain climbing be too dangerous for you to consider as a sport for yourself?

Yes | Maybe | No* || Score:

Would you take drugs that were likely to have strange effects on you such as causing hallucinations?

Yes* | Maybe | No || Score:

Do the sports of deep-sea diving, hot-air ballooning or parachuting appeal to you?

Yes* | Maybe | No || Score:

Do you prefer to avoid the more "hair-raising" rides at amusement parks?

Yes | Maybe | No* || Score:

Do you like to mix with people who are wild and unpredictable?

Yes* | Maybe | No || Score:

Would you like to learn to fly an aeroplane?

Yes* | Maybe | No || Score:

In general, would you avoid unusual, spicy or exotic meals?

Yes | Maybe | No* || Score:

Would you consider going to a wife-swapping party?

Yes* | Maybe | No || Score:

Do you prefer paintings that are subtle and discreet rather than vivid and shocking?

Yes | Maybe | No* || Score:

Are you easily susceptible to boredom?

Yes* | Maybe | No || Score:

Do you sometimes say something surprising just to see how people will react to it?

Yes* | Maybe | No || Score:

Do you enjoy horror movies?

Yes* | Maybe | No || Score:

If you were offered the opportunity to take part in a parapsychological experiment, would you accept?

Yes* | Maybe | No || Score:

Would you rather mix with people of your own kind than with foreigners who have strange customs?

Yes | Maybe | No* || Score:

Would you enjoy watching a pornographic film?

Yes* | Maybe | No || Score:

Do you dislike people who play practical jokes?

Yes | Maybe | No* || Score:

Do you like plenty of bustle and excitement going on around you?

Yes* | Maybe | No || Score:

Would you find it very difficult to leave your family and friends and travel to a new part of the world to live?

Yes | Maybe | No* || Score:

Do you like to try out unusual ways of making love?

Yes* | Maybe | No || Score:

Would you enjoy a life of peace and serenity?

Yes | Maybe | No* || Score:

Do you often long for excitement?

Yes* | Maybe | No || Score:

Is boredom a feeling that you strongly dislike?

Yes* | Maybe | No || Score:

Would you rather read a book than go to a wild party?

Yes | Maybe | No* || Score:

Do you just like a life of peace and quiet?

Yes | Maybe | No* || Score:

Do you find you make plans but don't carry them out?

Yes | Maybe | No* || Score:

Do you have many fears or phobias?

Yes | Maybe | No* || Score:

Would you prefer to withdraw from noisy, colorful or chaotic environments?

Yes | Maybe | No* || Score:

Would you be excited at the prospect of playing "truth or dare" amongst friends?

Yes* | Maybe | No || Score:

ANALYSIS

Those with high scores tend to seek thrills in life, they love novel experiences and the spice of a little danger. They are easily bored and so seek new sensations and exciting experiences to become involved in. This may be because they do not like their own company and mental environment and so seek to be immersed in outside stimuli to escape from home truths.

Those with low scores have little need for excitement and adventure; instead they prefer the secure and familiar comforts of home. They may be scared of social intercourse and risk-taking; or they may be "deep thinkers" who feel that parties and the like are a waste of their valuable time and small-talk to be trivial.

How do you compare?

The norm on this trait is between 15-16 points (a statistical approximation). This may be represented on the following scale:

Sensation Seeking 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 || 15 14 13
12 11 10 9 8 7 6 5 4 3 2 1 Unadventurousness

C - MASTERY/SYMPATHY

Trait 6 - DOGMATISM

Do you find it difficult to stop once you get into a heated discussion?

Yes* | Maybe | No || Score:

Do you think it is dangerous to compromise with someone who disagrees with you?

Yes* | Maybe | No || Score:

Would you prefer to be a dead hero than a live coward?

Yes* | Maybe | No || Score:

Are you forthright and uncompromising in arguments?

Yes* | Maybe | No || Score:

Do you often question your own morality and feelings about what is right and wrong?

Yes | Maybe | No* || Score:

Once you have made up your mind about something, do you normally stick to your decision come what may?

Yes* | Maybe | No || Score:

Do you believe there is only one true religion?

Yes* | Maybe | No || Score:

Do you agree that most politicians speak a load of rubbish?

Yes* | Maybe | No || Score:

Do you think that people with extreme views should be allowed to air them in public?

Yes | Maybe | No* || Score:

In the case of a disagreement, do you try to put yourself in the other person's shoes and try to understand his or her point of view?

Yes | Maybe | No* || Score:

Do you attempt to convert others to your own opinion on matters of religion, politics and morality?

Yes* | Maybe | No || Score:

Do you sometimes argue for the sake of argument even though you know that you might be wrong?

Yes* | Maybe | No || Score:

Do you find that your own way of attacking a problem is inevitably the best approach?

Yes* | Maybe | No || Score:

Does it annoy you when a supposed expert fails to come up with a definite solution to a problem?

Yes* | Maybe | No || Score:

Do you think it would be a good thing if everybody shared the same ideas and values?

Yes* | Maybe | No || Score:

Are you inclined to see things in various shades of grey rather than in black and white?

Yes | Maybe | No* || Score:

Do you think a good teacher is one who makes you wonder rather than telling you all the answers?

Yes | Maybe | No* || Score:

Does your blood boil when people refuse to admit they are wrong?

Yes* | Maybe | No || Score:

Are you sometimes uncertain as to which way you will vote in an election?

Yes | Maybe | No* || Score:

Do you think that other cultures have a good deal to teach us about how to live?

Yes | Maybe | No* || Score:

Do you find it easy to be friendly with people from quite different backgrounds from your own?

Yes | Maybe | No* || Score:

Do you think it is sometimes necessary to use force in order to advance an idea or what you think is right?

Yes* | Maybe | No || Score:

Do you change your mind readily if someone puts up a convincing argument?

Yes | Maybe | No* || Score:

Do you think there is a kernel of truth in nearly everybody's point of view?

Yes | Maybe | No* || Score:

Do you tend to have to repeat yourself to make sure that you are properly understood?

Yes* | Maybe | No || Score:

Do you carefully consider a variety of possible views before deciding on your own?

Yes | Maybe | No* || Score:

Do you determine much of your conduct in relation to a single great cause?

Yes* | Maybe | No || Score:

Are you appalled by the ignorance shown by a majority of people on social and political matters?

Yes* | Maybe | No || Score:

Do you find it very frustrating if there isn't a clear-cut answer to a problem?

Yes* | Maybe | No || Score:

Do you find others stupid in many ways so that you feel the need to control and direct them?

Yes* | Maybe | No || Score:

Do you find alternative points of view fascinating?

Yes | Maybe | No* || Score:

ANALYSIS

Those with high scores are dogmatic. They have set, uncompromising views on most matters and are likely to defend them vigorously and vociferously. They are defending their identity by fixing it rigidly and they perceive many people as enemies or opponents.

Those with low scores are less rigid and less likely to see things in black and white. They are flexible and therefore open to rational persuasion and tolerant of uncertainty. They have the ability to learn from their mistakes, to develop themselves, to respect others and to think creatively. In the extreme, however, this may be a person who is confused, has low self-esteem and no real idea of what is right and wrong and is therefore easily swayed and manipulated.

How do you compare?

The norm on this trait is between 15-16 points (a statistical approximation). This may be represented on the following scale:

Dogmatism 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 || 15 14 13 12 11
10 9 8 7 6 5 4 3 2 1 Flexibility

C - MASTERY/SYMPATHY

Trait 7 - MASCULINITY/FEMININITY

Do you like to engage in rough physical activity?

Yes* | Maybe | No || Score:

At school did you prefer English literature over general science?

Yes | Maybe | No* || Score:

Do you enjoy reading romantic stories?

Yes | Maybe | No* || Score:

Are you very sensitive to beauty in your surroundings?

Yes | Maybe | No* || Score:

Do you enjoy shopping?

Yes | Maybe | No* || Score:

Do you feel like crying if you see a sad film?

Yes | Maybe | No* || Score:

Are you afraid of snakes, worms or spiders?

Yes | Maybe | No* || Score:

Does computer technology interest you more than the psychology of personal relationships?

Yes* | Maybe | No || Score:

Do you sometimes have sadistic fantasies?

Yes* | Maybe | No || Score:

Do you like going to dances?

Yes | Maybe | No* || Score:

Do you like aggressive scenes of sex and violence at the movies?

Yes* | Maybe | No || Score:

Would the sight of a great deal of blood make you feint?

Yes | Maybe | No* || Score:

Are you "turned off" by crude and vulgar jokes?

Yes | Maybe | No* || Score:

Do you rely on intuition as to whether or not a person is trustworthy?

Yes | Maybe | No* || Score:

Do you occasionally break down and cry?

Yes | Maybe | No* || Score:

Do you enjoy watching competitive physical sports such as boxing and football?

Yes* | Maybe | No || Score:

Are you somewhat frightened of the dark?

Yes | Maybe | No* || Score:

Are you interested in science fiction?

Yes* | Maybe | No || Score:

Do you find it difficult to resist picking up and cuddling small furry animals?

Yes | Maybe | No* || Score:

Do you often think about falling in love?

Yes | Maybe | No* || Score:

Do you startle easily if someone appears suddenly and unexpectedly?

Yes | Maybe | No* || Score:

Would you consider taking part in an orgy?

Yes* | Maybe | No || Score:

Would you enjoy singing in a choir?

Yes | Maybe | No* || Score:

Are you curious about the workings of engines or other mechanical devices?

Yes* | Maybe | No || Score:

Do you like war stories and films?

Yes* | Maybe | No || Score:

Would you enjoy painting pictures of children?

Yes | Maybe | No* || Score:

Do you feel upset if you see a bird with a broken wing?

Yes | Maybe | No* || Score:

Would you rather be an air pilot than a dress designer?

Yes* | Maybe | No || Score:

As a child, did you enjoy playing with guns?

Yes* | Maybe | No || Score:

Does it make you cringe to see men cry or hug each other?

Yes* | Maybe | No || Score:

Do you find flowers extremely beautiful?

Yes | Maybe | No* || Score:

ANALYSIS

Those with high scores are definitely living up to the macho masculine stereotype. They are tolerant of - and may even enjoy - violence, obscenity and swearing; they are disinclined to show weakness or sentimentality of any kind, e.g. by crying or expressing love, and they rely on reason rather than intuition to come to decisions.

Those with low scores are easily upset by another's misfortune, by blood, bugs, brutality, etc and are fascinated by delicate matters such as romance, children, fine arts, flowers and clothes. Obviously men score much higher on average than women but there is a great deal of variation within each sex and the cultural conditioning of gender stereotypes is under increasing scrutiny.

How do you compare?

The norm on this trait is between 13-14 points (a statistical approximation). This may be represented on the following scale:

Masculinity 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 || 13 12 11
10
9 8 7 6 5 4 3 2 1 Femininity

Move on to the next Category (D - Sexuality) and the first Trait: LIBIDO.
Masculinity and femininity have just been examined from the point of view of Mastery and Sympathy in relationships, but in Category D we look at the sex drive itself.

D - SEXUALITY

Trait 1 - SEXUAL LIBIDO

Sex without love ("impersonal sex") is highly unsatisfactory.

Yes | Maybe | No* || Score:

Conditions have to be just right to get me excited sexually.

Yes | Maybe | No* || Score:

I think only rarely about sex.

Yes | Maybe | No* || Score:

Sometimes it has been a problem to control my sexual urges.

Yes* | Maybe | No || Score:

If I love a person I'm happy to do anything with them.

Yes* | Maybe | No || Score:

I get very pleasurable feelings from touching my sexual parts.

Yes* | Maybe | No || Score:

It is disgusting to see animals having sex in the street.

Yes | Maybe | No* || Score:

Frankly, I desire people of my own sex.

Yes* | Maybe | No || Score:

It doesn't take much to get me turned on sexually.

Yes* | Maybe | No || Score:

There are some things I wouldn't want to do with anyone.

Yes | Maybe | No* || Score:

I think about sex almost every day, if not more often.

Yes* | Maybe | No || Score:

I get sexually aroused very easily.

Yes* | Maybe | No || Score:

The thought of a sex orgy is disgusting to me.

Yes | Maybe | No* || Score:

I find the thought of a different sex partner particularly exciting.

Yes* | Maybe | No || Score:

I like to look at sexy pictures.

Yes* | Maybe | No || Score:

Sometimes sexual feelings overpower me.

Yes* | Maybe | No || Score:

I frequently fantasize about erotic situations.

Yes* | Maybe | No || Score:

I'd want to make love for hours with the right person.

Yes* | Maybe | No || Score:

Seeing a person nude doesn't interest me.

Yes | Maybe | No* || Score:

I believe in taking my pleasures where I find them.

Yes* | Maybe | No || Score:

I get very excited when touching the erotic parts of a partner.

Yes* | Maybe | No || Score:

It is alright to seduce a person who is old enough to know what they are doing.

Yes* | Maybe | No || Score:

I would enjoy watching my usual partner having intercourse with someone else.

Yes* | Maybe | No || Score:

Even though one is having regular intercourse, masturbation is good for a change.

Yes* | Maybe | No || Score:

Ideally, I would prefer to have a new sex partner every night.

Yes* | Maybe | No || Score:

I only get aroused at night - never in the daytime.

Yes | Maybe | No* || Score:

I am very keen on babies.

Yes* | Maybe | No || Score:

Most men are sex mad.

Yes | Maybe | No* || Score:

Group sex appeals to me.

Yes* | Maybe | No || Score:

The thought of an illicit relationship excites me.

Yes* | Maybe | No || Score:

It disturbs me to see explicit sex in films or TV.

Yes | Maybe | No* || Score:

I always make love in the nude.

Yes* | Maybe | No || Score:

Physical attraction is extremely important to me.

Yes* | Maybe | No || Score:

Genitals are aesthetically unpleasant.

Yes | Maybe | No* || Score:

I love making physical contact with people.

Yes* | Maybe | No || Score:

Sex leaves me unmoved.

Yes | Maybe | No* || Score:

Sex is over-rated.

Yes | Maybe | No* || Score:

I love to expose myself to my partner.

Yes* | Maybe | No || Score:

I find my partner's body endlessly fascinating.

Yes* | Maybe | No || Score:

I find sex degrading and animalistic.

Yes | Maybe | No* || Score:

Sex can be such a moving expression of love.

Yes* | Maybe | No || Score:

I'd like to make love more often.

Yes* | Maybe | No || Score:

ANALYSIS

Sexual libido (sex drive) is often correlated with quick sexual arousal, interest in visual explicitness and a liking for impersonal penetrative sex, which is rather a masculine view of the nature of sex and does not take account of the equally strong more feminine drive towards procreation, the aesthetic pleasure and eroticism of sex, and the expression of intimacy through shared pleasure and contact. When partners are happy to contribute towards the fulfillment of each other's needs and desires, then compatibility is possible and male values complement female. This requires communication, honesty and empathy, which is why sex in the context of a loving relationship is so much more fulfilling.

Those with high scores may tend to regard the sex partner as a sex object and pay little attention to his or her personality and desires, and in particular to seek only sensual satisfaction rather than a meaningful personal relationship. Women tend to regard this form of sexual behavior as less attractive than do men; for a woman,

eroticism tends to require more emotional commitment. A high scorer tends to value sexual pleasure above other aspects of a loving relationship. Extreme high scores suggest a compulsion for sexual outlet, in which case this may be a substitute for a suppressed major unmet need (e.g. for love, belonging or intimacy); if this is not handled and a normal sexual expression is not possible then socially unacceptable means may be turned to.

Those with low scores are likely to have no impulse for voyeurism or exhibitionism, a distaste for sexual explicitness and especially pornography and have no strong longing for the physical act of intercourse. They may find it hard to get sexually aroused, or conditions may have to be "just right", which implies there is not a compatible partner with whom empathy and intimacy is readily available. On the other hand, they may be looking for more spiritual qualities than being "good in bed" or the sex drive may have been satisfactorily sublimated into other creative activities.

How do you compare?

There are, it seems, archetypal (genetic, primitive-brain pattern) differences between male and female, hence men and women in practice tend to have different attitudes towards sex and therefore a different norm on the questionnaire, though this is very much affected by cultural conditioning, painful or pleasurable experiences and of course conscious preference; this is not "how it should be" or necessarily is. Sexuality is also affected by individual bio-rhythms, age and emotional tone; stress, nervousness and tension, especially regarding the partner, are an immediate destroyer of sexual feelings.

The norm on this trait is between 27-28 points (for men) and 21-22 points (for women) (statistical approximations). This may be represented on the following scales:

FOR MEN: High libido 42 41 40 39 38 37 36 35 34 32 31 30 29 28 || 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1 Low libido

FOR WOMEN: High libido 42 41 40 39 38 37 36 35 34 32 31 30 29 28 27 26 25 24 23 22 || 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1 Low libido

D - SEXUALITY

Trait 2 - SEXUAL SATISFACTION

All in all I am very satisfied with my sex life.

Yes* | Maybe | No || Score:

I have been deprived sexually.

Yes | Maybe | No* || Score:

I am sexually rather unattractive.

Yes | Maybe | No* || Score:

Sexual feelings are unpleasant to me.

Yes | Maybe | No* || Score:

Something is lacking in my sex life.

Yes | Maybe | No* || Score:

My love life has been disappointing.

Yes | Maybe | No* || Score:

I consciously try to keep sexual thoughts out of my mind.

Yes | Maybe | No* || Score:

I have felt guilty after sexual experiences.

Yes | Maybe | No* || Score:

At times I have been afraid of myself for what I might do sexually.

Yes | Maybe | No* || Score:

I have conflicts about my sexual feelings towards someone of my own sex.

Yes | Maybe | No* || Score:

I have strong sexual feelings but when I get the chance I can't seem to express myself.

Yes | Maybe | No* || Score:

My parents' influence has inhibited me sexually.

Yes | Maybe | No* || Score:

Thoughts about sex disturb me more than they should.

Yes | Maybe | No* || Score:

My conscience bothers me too much.

Yes | Maybe | No* || Score:

I feel nervous with the opposite sex.

Yes | Maybe | No* || Score:

I feel at ease with people of the opposite sex.

Yes* | Maybe | No || Score:

I don't like to be kissed.

Yes | Maybe | No* || Score:

I feel more comfortable when I am with people of my own sex.

Yes | Maybe | No* || Score:

I enjoy petting.

Yes* | Maybe | No || Score:

I worry a lot about sex.

Yes | Maybe | No* || Score:

I had some bad sexual experiences when I was young.

Yes | Maybe | No* || Score:

There are some things I do only to please my partner.

Yes | Maybe | No* || Score:

I don't always know for sure when I have had an orgasm.

Yes | Maybe | No* || Score:

My partner satisfies all my physical needs.

Yes* | Maybe | No || Score:

I enjoy pre-coital love play.

Yes* | Maybe | No || Score:

I find it easy to tell my partner what I like or don't like about our love-making.

Yes* | Maybe | No || Score:

No one has ever been able to satisfy me sexually.

Yes | Maybe | No* || Score:

I feel less sexually competent than my friends.

Yes | Maybe | No* || Score:

I am afraid of sexual relationships.

Yes | Maybe | No* || Score:

I wish that my partner would be more forthcoming sexually.

Yes | Maybe | No* || Score:

I can't stand people touching me.

Yes | Maybe | No* || Score:

I find "straight sex" unsatisfactory.

Yes | Maybe | No* || Score:

The need for birth control upsets my love-making because everything becomes so pre-planned and cold-blooded.

Yes | Maybe | No* || Score:

I or my partner frequently suffer from premature ejaculation.

Yes | Maybe | No* || Score:

I or my partner rarely reach orgasm during intercourse.

Yes | Maybe | No* || Score:

ANALYSIS

High scores indicate considerable fulfillment which is naturally for most people a very desirable state of affairs.

Those with low scores are likely to be dissatisfied with their sex lives and probably are quite unhappy about this, since the sex drive is such a basic part of our make-up. Sexual inhibitions can cause a real sense of imbalance or dysfunction in one's life and behavior, such as sexual shyness, prudishness and disgust. Low scorers tend to feel nervous with the opposite sex, embarrassed when talking about sex and sometimes afraid of sexual relationships altogether, e.g. in case they are inadequate or in case the partner behaves without empathy or in a way they disapprove of. A compulsion (a normal urge that becomes amplified when it is resisted) that cannot be normally satisfied, e.g. due to shyness or the partner's refusal, may lead to exhibitionism, voyeurism, or even enforced sex on unwilling participants.

Very often the cause is misinformation about the nature and value of sex (e.g. from parents, peers, media or religion) or bad experiences with others who were themselves neurotic or psychotic in this area. Another primary reason is a failure in communication between the partners.

A person's satisfaction with their sex life may be quite independent of his or her sexual appetite. Some couples may be quite fulfilled sexually without frequent active sex; this is more likely to be the case with older people.

How do you compare?

The norm on this trait is between 21-22 points (statistical approximation). This may be represented on the following scale:

Satisfaction 35 34 33 32 31 30 29 28 27 26 25 24 23 22 || 21 20 19 18 17 16 15
14 13 12 11 10 9 8 7 6 5 4 3 2 1 Dissatisfaction

D - SEXUALITY

Trait 3 - SEXUAL PERMISSIVENESS

Virginity is a person's most valuable possession.

Yes | Maybe | No* || Score:

Masturbation is unhealthy.

Yes | Maybe | No* || Score:

It is disturbing to see kissing in public.

Yes | Maybe | No* || Score:

It wouldn't bother me if the person I married were not a virgin.

Yes* | Maybe | No || Score:

People of my own sex frequently attract me.

Yes* | Maybe | No || Score:

Children should be taught about sex.

Yes* | Maybe | No || Score:

I understand homosexuals.

Yes* | Maybe | No || Score:

One should not experiment with sex before marriage.

Yes | Maybe | No* || Score:

My religious beliefs are against sexual pleasure.

Yes | Maybe | No* || Score:

The contraceptive pill should be universally available.

Yes* | Maybe | No || Score:

Perverted thoughts have sometimes bothered me.

Yes | Maybe | No* || Score:

I am embarrassed to talk about sex.

Yes | Maybe | No* || Score:

Young people should learn about sex through their own experience.

Yes* | Maybe | No || Score:

Sex jokes disgust me.

Yes | Maybe | No* || Score:

Young people should be allowed out at night without being closely checked.

Yes* | Maybe | No* || Score:

A person should learn about sex by experimenting with new ways and ideas.

Yes* | Maybe | No || Score:

I would protect my child from seeing naked bodies.

Yes | Maybe | No* || Score:

I have been involved with more than one sexual affair at the same time.

Yes* | Maybe | No || Score:

Homosexuality is natural.

Yes* | Maybe | No || Score:

Pornography should be freely distributed amongst adults.

Yes* | Maybe | No || Score:

Prostitution should be legally permitted.

Yes* | Maybe | No || Score:

Decisions about abortion should be entirely the responsibility of the woman concerned.

Yes* | Maybe | No || Score:

There are too many immoral plays and films on TV.

Yes | Maybe | No* || Score:

Sexual permissiveness threatens to undermine the entire fabric of civilized society.

Yes | Maybe | No* || Score:

Sex should be used only for the purpose of reproduction, not for personal pleasure.

Yes | Maybe | No* || Score:

Sex play amongst young children is quite harmless.

Yes* | Maybe | No || Score:

The idea of wife swapping is extremely distasteful to me.

Yes | Maybe | No* || Score:

I love any kind of physical contact with other people.

Yes* | Maybe | No || Score:

People who attend strip-tease shows are sexually abnormal.

Yes | Maybe | No* || Score:

It would not disturb me over-much if my partner had sexual relations with someone else.

Yes* | Maybe | No || Score:

Some forms of love-making are disgusting and should be banned.

Yes | Maybe | No* || Score:

The thought of my partner being sexually attracted to another person is really upsetting.

Yes | Maybe | No* || Score:

I think whatever people want to do is OK as long as no one else is in any way hurt.

Yes* | Maybe | No || Score:

The Bible is the only true guide to what is right and proper on sexual issues.

Yes | Maybe | No* || Score:

ANALYSIS

A high score on this trait means that you have a modern, permissive attitude to sex and find irrelevant the old-fashioned Victorian ideas of what is "right and proper". You aren't bothered about virginity, favor pre-marital or even extra-marital sex, believe that birth control is a liberation and generally regard sex as a pleasurable activity that is nobody's concern but that of the "consenting adults" (or adolescents - possibly even children) involved.

A low score shows a person who takes sexual intercourse far more seriously, has regard for the marriage vows, is guided by religious dogma and is not in favor of "immorality" in any shape or form.

Fear of homosexuality, as with incest, is a very deep-bred, archetypal phenomena and of course contradicts the fact that human sexuality contains all shades of grey. Most people have noted themselves attracted to their own sex at some time, especially during adolescence when sexual identity and boundaries are being explored, and if this is resisted (to obey the cultural norm) it becomes a fixation and the source of inner conflict - the cause of a great deal of unnecessary suffering and neurosis.

Jealousy is another factor behind intolerance of sexual expression. Again (and like the territorial instinct) this is very deep-bred; the mating instinct causes one to fight off all potential takers of one's partner's attention and to distrust the partner's fidelity. In the case of a genuine relationship this would not be necessary and genuine affection cannot be enforced on another. Real love is unconditional and does not seek to control and manipulate the other.

How do you compare?

The norm on this trait is between 16-17 points (statistical approximation). This may be represented on the following scale:

Permissive 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 || 16 15 14
13 12 11 10 9 8 7 6 5 4 3 2 1 Restrictive

D - SEXUALITY

Trait 4 - SEXUAL STEREOTYPE

The opposite sex will respect you more if you are not too familiar with them.

Yes | Maybe | No* || Score:

Masturbation is unhealthy.

Yes | Maybe | No* || Score:

It is disturbing to see kissing in public.

Yes | Maybe | No* || Score:

It wouldn't bother me if the person I married were not a virgin.

Yes* | Maybe | No || Score:

People of my own sex frequently attract me.

Yes* | Maybe | No || Score:

I would never make love with someone who did not really love me.

Yes | Maybe | No* || Score:

There has to be dim lights and a romantic atmosphere to get me excited sexually.

Yes | Maybe | No* || Score:

I do not need to respect a person in order to enjoy intercourse.

Yes* | Maybe | No || Score:

I get along fine with homosexuals.

Yes | Maybe | No* || Score:

When I look at a person of the opposite sex I usually undress them in my mind.

Yes* | Maybe | No || Score:

\I love to look at sex magazines when I have the chance.

Yes* | Maybe | No || Score:

A person in the nude is not necessarily sexy.

Yes | Maybe | No* || Score:

I think if you have the opportunity for sex it would be stupid not to take it.

Yes* | Maybe | No || Score:

If I had the chance to watch people making love without being seen, I would take it.

Yes* | Maybe | No || Score:

The dual standard of morality allowing men greater freedom is only right and natural.

Yes* | Maybe | No || Score:

Absolute faithfulness to one partner throughout life is as silly as celibacy.

Yes* | Maybe | No || Score:

I prefer to have intercourse under the bedcovers and with the light off.

Yes | Maybe | No* || Score:

Females do not have such strong sexual desires as males.

Yes* | Maybe | No || Score:

Masturbation is not much different than having sex.

Yes* | Maybe | No || Score:

Ideally it would be great to have lots of lovers.

Yes* | Maybe | No || Score:

I make lots of vocal noises during intercourse.

Yes | Maybe | No* || Score:

Sex is more exciting with a stranger.

Yes* | Maybe | No || Score:

A new born baby is incredibly beautiful.

Yes | Maybe | No* || Score:

Foreplay is boring and got over with as soon as possible.

Yes* | Maybe | No || Score:

Sex is not as important in a relationship as love and respect.

Yes | Maybe | No* || Score:

To me, psychological factors in my partner are more important than physical ones.

Yes | Maybe | No* || Score:

I prefer my partner to dictate the actions of making love.

Yes | Maybe | No* || Score:

Physical sex is the most important part of a relationship.

Yes* | Maybe | No || Score:

In a sexual union, tenderness is the most important quality.

Yes | Maybe | No* || Score:

Romantic love is just puerile illusion.

Yes* | Maybe | No || Score:

It is right that the man should be the dominant partner in a relationship.

Yes* | Maybe | No || Score:

Women often use sex to gain all sorts of advantages.

Yes* | Maybe | No || Score:

The reading of "girlie" magazines suggests failure to achieve a mature attitude to sex.

Yes | Maybe | No* || Score:

In matters of sex, women usually come off second best.

Yes | Maybe | No* || Score:

Most men don't have a clue about how to make love.

Yes | Maybe | No* || Score:

ANALYSIS

High scores indicate that the reader agrees with a stereotypical male point of view regarding sexual matters and disagrees with the typical female; low scores indicate the opposite. So one could be a male with a relatively feminine attitude towards sex or a female with a relatively masculine attitude; this is not necessarily connected with homosexuality - it may just as likely be a more open-minded view of sex than the stereotype.

How do you compare?

The norm on this trait for men is between 24-25 points and for women is between 16-17 (statistical approximations). This may be represented on the following scales:

FOR MEN: Masculine attitude 35 34 33 32 31 30 29 28 27 26 25 || 24 23 22 21
20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1 Feminine attitude

FOR WOMEN: Masculine attitude 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21
20 19 18 17 ||16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1 Feminine attitude

E - SOCIAL & POLITICAL ATTITUDES

Trait 1 - SOCIAL PERMISSIVENESS

More severe punishment of offenders will reduce crime .

Yes | Maybe | No* || Score:

Homosexuals are not abnormal and should never be treated as such.

Yes* | Maybe | No || Score:

There is no harm in traveling occasionally without a ticket, if you can get away with it.

Yes* | Maybe | No || Score:

People suffering from incurable diseases should have the choice of being painlessly put to death.

Yes* | Maybe | No || Score:

The laws against soft drugs like marijuana are too strict.

Yes* | Maybe | No || Score:

Life is so short that a man is justified in enjoying himself as much as he can.

Yes* | Maybe | No || Score:

Men and women have the right to find out whether they are suited before marriage, by living together.

Yes* | Maybe | No || Score:

Birth control, except when recommended by a doctor should always be illegal.

Yes | Maybe | No* || Score:

Children today need more discipline.

Yes | Maybe | No* || Score:

The "free and easy" way of teaching youngsters results in poor academic standards.

Yes | Maybe | No* || Score:

Permissiveness in our society has gone much too far.

Yes | Maybe | No* || Score:

The sight of young people in "punk" clothing is appalling.

Yes | Maybe | No* || Score:

Our treatment of criminals is counter-productive; we should try to help them, not punish them.

Yes* | Maybe | No || Score:

There is not enough self-discipline in today's youth.

Yes | Maybe | No* || Score:

Sex crimes such as rape and abuse of children deserve a worse punishment than mere imprisonment; flogging or castration would be appropriate.

Yes | Maybe | No* || Score:

The great increase in drug taking is another example of how our society is deteriorating.

Yes | Maybe | No* || Score:

The death penalty is barbaric and its abolition right and proper.

Yes* | Maybe | No || Score:

Most modern art is pretentious nonsense.

Yes | Maybe | No* || Score:

A person should be free to take his own life if he wishes to do so.

Yes* | Maybe | No || Score:

People should realize that their greatest obligation is to their wife and family.

Yes | Maybe | No* || Score:

Sex outside of marriage is always wrong.

Yes | Maybe | No* || Score:

Free love between men and women would be a very healthy thing.

Yes* | Maybe | No || Score:

The Internet should be censored before being allowed in the home.

Yes | Maybe | No* || Score:

It is wrong that women should have less sexual freedom than men in our society.

Yes* | Maybe | No || Score:

Teachers have no right to make any comment on political issues.

Yes | Maybe | No* || Score:

Censorship of any of the media should be completely abolished.

Yes* | Maybe | No* || Score:

Political protests should be strictly controlled by the police.

Yes | Maybe | No* || Score:

The laws of libel are an unnecessary restriction of free speech.

Yes* | Maybe | No || Score:

We should return to Victorian morality and teach it in our schools.

Yes | Maybe | No* || Score:

ANALYSIS

High scorers have favorable attitudes to sexual freedom, freedom of speech and non-conformists of all kinds. Generally, they adopt an easy-going, tolerant and hedonistic view of life with respect for the right of every person to be and do as they think fit. An extreme score would indicate little idea of the need for any maintenance of social order.

Low scorers disapprove of all these things and favor strict censorship, legal control of so-called vices and severe punishment for offenders. They have little respect for viewpoints that may threaten the status quo. They feel the need to control and manipulate in order to safeguard the rightness of their own identities.

How do you compare?

The norm on this trait is between 15-16 points (statistical approximation). This may be represented on the following scales:

Permissive 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 || 15 14 13 12 11
10 9 8 7 6 5 4 3 2 1 Restrictive

E - SOCIAL & POLITICAL ATTITUDES

Trait 2 - RACISM

It would be best to keep foreign races in their own districts and schools in order to prevent too much contact with them.

Yes* | Maybe | No || Score:

The people of foreign countries should be left to fend for themselves.

Yes* | Maybe | No || Score:

It is obvious that some races are more civilized than others and therefore should lead the world community.

Yes* | Maybe | No || Score:

Charity towards third world countries is a waste of money.

Yes* | Maybe | No || Score:

People of a different color are innately inferior.

Yes* | Maybe | No || Score:

Jews are as valuable citizens as any other group.

Yes | Maybe | No* || Score:

It would be a mistake to have people in positions of power if they are of another race.

Yes* | Maybe | No || Score:

There is definitely no difference between races in basic intelligence.

Yes | Maybe | No* || Score:

Racial variety makes life more interesting and colorful, as each race makes a unique contribution to society.

Yes | Maybe | No* || Score:

We should not restrict immigration into this country as we have done in the past.

Yes | Maybe | No* || Score:

It is unfair that other races are often denied opportunities for good jobs and promotions.

Yes | Maybe | No* || Score:

Our nation is more democratic than any other nation.

Yes* | Maybe | No || Score:

Other races tend to be criminally inclined.

Yes* | Maybe | No || Score:

Any kind of racial discrimination should be illegal and subject to heavy penalties.

Yes | Maybe | No* || Score:

When it comes to the things that count, all races are certainly not equal.

Yes* | Maybe | No || Score:

I would never accept a job under the authority of a woman.

Yes* | Maybe | No || Score:

The age of retirement should be reduced to 55 to make way for younger blood in top positions.

Yes* | Maybe | No || Score:

Children should learn that before they reach maturity, their point of view is barely relevant.

Yes* | Maybe | No || Score:

The disabled should have every opportunity to lead as fulfilling a life as anyone else.

Yes | Maybe | No* || Score:

Women should know that their place is in the home.

Yes* | Maybe | No || Score:

Inter-racial marriage is always wrong.

Yes* | Maybe | No || Score:

If somebody has been unemployed for over a year then they are obviously good-for-nothing scroungers.

Yes* | Maybe | No || Score:

Racial purity is an ideal that I am proud to uphold.

Yes* | Maybe | No || Score:

Foreigners are OK but I think they belong in their own country, except for holidays.

Yes* | Maybe | No || Score:

ANALYSIS

High scorers are opposed to colored immigration, in favor of racial segregation within the country, believe that their own race is superior and that other races should be kept in their place and are generally antagonistic towards people of other races and nationalities. They are also likely to be sexist and ageist, i.e. very much stuck in the rightness of their own territory, sex, age, group, etc. and defensive of it.

Low scorers present the opposite pattern of attitudes, recognizing the essential worth of all persons, whatever their race, sex, age, ability, belief, inclination or circumstance.

How do you compare?

The norm on this trait is between 11-12 points (statistical approximation). This may be represented on the following scale:

Racist 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 || 11 10 9 8 7 6 5 4 3 2 1
Non-discriminating

E - SOCIAL & POLITICAL ATTITUDES

Trait 3 - BELIEF

There is no survival of any kind after death.

Yes | Maybe | No* || Score:

The Church should attempt to increase its influence on the life of the nation.

Yes* | Maybe | No || Score:

Most religious people are hypocrites.

Yes | Maybe | No* || Score:

The Church is the main force for good in the society.

Yes* | Maybe | No || Score:

Religious beliefs of all kinds are just superstition.

Yes | Maybe | No* || Score:

The Universe was created by God.

Yes* | Maybe | No || Score:

The idea of god is an invention of the human mind.

Yes | Maybe | No* || Score:

The average man can lead a good life without religion.

Yes | Maybe | No* || Score:

We should believe without question all that we are taught by the Church.

Yes* | Maybe | No || Score:

Sunday observance is old-fashioned and should cease to govern our behavior.

Yes | Maybe | No* || Score:

My religion is the only true religion.

Yes* | Maybe | No || Score:

There are no such things as "supernatural powers".

Yes | Maybe | No* || Score:

Religions have done more harm in the course of history than they have done good.

Yes | Maybe | No* || Score:

I believe in reincarnation and that what happened to me in past lives affects the way I am today.

Yes* | Maybe | No || Score:

The paranormal is ignored by science because it threatens their vested interests.

Yes* | Maybe | No || Score:

I believe in UFOs.

Yes* | Maybe | No || Score:

I believe in the coming New Age of the next millennium.

Yes* | Maybe | No || Score:

I regularly read my star sign in the papers.

Yes* | Maybe | No || Score:

I believe it is possible, at least for psychics, to communicate to the dead and to foretell the future.

Yes* | Maybe | No || Score:

Telepathy is a commonplace occurrence.

Yes* | Maybe | No || Score:

I don't believe anything I read in the papers.

Yes | Maybe | No* || Score:

I believe there is evidence of a global conspiracy by international bankers.

Yes* | Maybe | No || Score:

I believe only what I can see in front of my eyes or touch with my hands.

Yes | Maybe | No* || Score:

Most beliefs are fixed ideas which prevent you from perceiving the real truth.

Yes | Maybe | No* || Score:

ANALYSIS

High scorers are submissive and suggestible and happy to accept answers on a plate - they may readily accept those from a socially accepted authority like the Church, particularly if the new belief gives another source than themselves with responsibility for their condition. If disillusioned by that source, they will be quick to believe in an alternative scenario without much or any personal evidence to back it up.

Low scorers are skeptical and more inclined to decide for themselves what to think based on their own logic, observation and information gathering. They may, however, be failing to recognize the right-brained way of knowing that is intuitive by nature (and the only way to perceive spiritual matters), or they may simply not be interested.

How do you compare?

The norm on this trait is between 15-16 points (statistical approximation). This may be represented on the following scale:

Believer 26 25 24 23 22 21 20 19 18 17 16 || 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1
Non-believer

E - SOCIAL & POLITICAL ATTITUDES

Trait 4 - SOCIALISM/CAPITALISM

No one should be allowed to buy privileges in education or medical care for his family.

Yes* | Maybe | No || Score:

There is no such thing as a "class struggle" in this country today.

Yes | Maybe | No* || Score:

Too much is paid in tax by people with high incomes.

Yes | Maybe | No* || Score:

The government is gradually taking away our basic freedom.

Yes | Maybe | No* || Score:

True democracy is limited in this country because of the special privileges enjoyed by business and industry.

Yes* | Maybe | No || Score:

It is clearly unfair that some people should inherit a large sum and get income from it without working.

Yes* | Maybe | No || Score:

It is just as well that the struggle of life tends to weed out those who cannot stand the pace.

Yes | Maybe | No* || Score:

Most labor troubles are due to the work of radical agitators.

Yes | Maybe | No* || Score:

The government is spending too much money on welfare, health and education.

Yes | Maybe | No* || Score:

Capitalism has worked well in this country and should not be changed.

Yes | Maybe | No* || Score:

"Free enterprise" is another way of saying "exploitation of the workers".

Yes* | Maybe | No || Score:

Industrial depressions can be prevented by proper government planning

Yes* | Maybe | No || Score:

Ultimately private property should be abolished and all wealth shared equally.

Yes* | Maybe | No || Score:

An international government would be a liability.

Yes | Maybe | No* || Score:

Speculators and banking institutions have been responsible for our economic difficulties.

Yes* | Maybe | No || Score:

Strikes should be made illegal.

Yes | Maybe | No* || Score:

Royalty and aristocracy encourage snobbishness and elitism and are not compatible with democracy.

Yes* | Maybe | No || Score:

In disputes between workers and employers, I usually side with the workers.

Yes* | Maybe | No || Score:

I believe it is possible, at least for psychics, to communicate to the dead and to foretell the future.

Yes* | Maybe | No || Score:

Telepathy is a commonplace occurrence.

Yes* | Maybe | No || Score:

I don't believe anything I read in the papers.

Yes | Maybe | No* || Score:

I believe there is evidence of a global conspiracy by international bankers.

Yes* | Maybe | No || Score:

In practice, the rich and the poor are not equal before the law.

Yes* | Maybe | No* || Score:

Equal pay for equal work is long overdue; present arrangements are unfair for women workers.

Yes* | Maybe | No || Score:

There exists a class of people whose family background and traditions make them most fitted to lead the country.

Yes | Maybe | No* || Score:

No country can be called civilized that does not have a national health service paid by the taxes.

Yes* | Maybe | No || Score:

Most politicians have been bought off by private interests.

Yes* | Maybe | No || Score:

In this country it is big business that controls the state, not the people.

Yes* | Maybe | No || Score:

Control of inflation is a higher priority than a low rate of unemployment.

Yes | Maybe | No* || Score:

The welfare system gives too much help to people who refuse to do a proper day's work.

Yes | Maybe | No* || Score:

It will always be preferable to have a few strong, able people running everything.

Yes | Maybe | No* || Score:

Private profit is the main motive for hard work.

Yes | Maybe | No* || Score:

In capitalist countries there is an inevitable conflict between workers and employers.

Yes* | Maybe | No || Score:

Wealth should be distributed much more fairly than it is at present.

Yes* | Maybe | No || Score:

The so-called underdog deserves little sympathy or help from successful people.

Yes | Maybe | No* || Score:

In this country the most able rise to the top.

Yes | Maybe | No* || Score:

A firm should produce what is most profitable, not what the government believes to be in the national interest.

Yes | Maybe | No* || Score:

The practical man is of more use to society than the thinker.

Yes* | Maybe | No || Score:

Poverty, mental illness and other problems are a responsibility for the whole community.

Yes* | Maybe | No || Score:

Capitalism is immoral because it exploits the worker by failing to give him full value for his productive labor.

Yes* | Maybe | No || Score:

The welfare system tends to destroy individual initiative.

Yes | Maybe | No* || Score:

On the whole, workers in this country are treated fairly by their employers.

Yes | Maybe | No* || Score:

The nationalization of major industries is likely to lead to inefficiency, bureaucracy and stagnation.

Yes | Maybe | No* || Score:

Business compassion is necessary for technical progress and an expanding economy.

Yes | Maybe | No* || Score:

Most strikes are caused by bad management.

Yes* | Maybe | No || Score:

We ought to have a world government to guarantee the welfare of all nations irrespective of the rights of any nation.

Yes* | Maybe | No || Score:

Economic security for all is counter to the ethos of capitalism.

Yes* | Maybe | No || Score:

Workers should have a say in the running of businesses in which they are employed.

Yes* | Maybe | No || Score:

Democracy depends fundamentally on the existence of free business enterprise.

Yes | Maybe | No* || Score:

The government must ensure above everything else that unemployment is kept very low.

Yes* | Maybe | No || Score:

A national health service does not give doctors the opportunity to do their best for their patients.

Yes* | Maybe | No || Score:

ANALYSIS

High scorers have a socialist outlook, with sympathy towards working people and resentment towards those who receive unearned income or excessive profits; they favor internationalism and the redistribution of wealth.

Low scorers have a capitalist orientation: a belief that talent and enterprise (as opposed to just hard work) should be especially rewarded, that private enterprise is more efficient than government control and that worker power is a threat to order and profits.

In the context of the other Traits in this Category, socialists tend to be radical and progressive; conservatives favor a traditional viewpoint on most matters and a capitalist economic system.

A tough-minded (mastery-oriented) conservative may tend towards fascism and racism. On the radical side, a tough-minded socialist may tend towards communism; a very permissive radical may tend towards anarchy.

Between these extremes are the majority of people, at least in Western democracies, with a range between Republican/Tory right-wing politics (tending to be religious); Democrats/Liberals in the centre; and in Europe, Socialists/Labour on the left (with both the centre and left tending to pacifism and environmental concerns).

How do you compare?

The norm on this trait is between 23-24 points (statistical approximation). This may be represented on the following scale:

Socialist 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 32 31 30 29 28 27
26 25 24 || 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1 Capitalist

E - SOCIAL & POLITICAL ATTITUDES

Trait 5 - LIBERTARIANISM

The minority should be free to criticize majority decisions.

Yes* | Maybe | No || Score:

No one should be allowed to buy substances that have not received approval from the FDA.

Yes | Maybe | No* || Score:

There should be no restrictions on travel anywhere in the world.

Yes* | Maybe | No || Score:

We'd be better off without any government at all.

Yes* | Maybe | No || Score:

A group which allows too many differences of opinion amongst its members cannot achieve anything worthwhile.

Yes | Maybe | No* || Score:

A classless society is impossible.

Yes | Maybe | No* || Score:

Production and trade should be free from government interference.

Yes* | Maybe | No || Score:

An impartial body should fix the wages of workers and control prices.

Yes | Maybe | No* || Score:

Political extremists have the right to express their beliefs.

Yes* | Maybe | No || Score:

It is wrong to criticize a person for supporting the policy of another country against his own.

Yes* | Maybe | No || Score:

The major financial institutions dominate government policy in their own interest.

Yes* | Maybe | No || Score:

Most politicians have a hidden agenda that is quite different from their public statements.

Yes* | Maybe | No || Score:

Social planning leads to regimentation.

Yes* | Maybe | No || Score:

We should recognize that we have duties to society as well as rights.

Yes | Maybe | No* || Score:

I would hate to live in a regulated environment such as in the armed forces.

Yes* | Maybe | No || Score:

Communists should not be allowed to hold jobs in government service.

Yes | Maybe | No* || Score:

We spend too little money on foreign aid.

Yes* | Maybe | No || Score:

The police should have the right to listen in on private telephone conversations when investigating crime.

Yes | Maybe | No* || Score:

Even though the masses appear to behave stupidly at times, that is a reflection of their leaders; taken individually, I have a lot of faith in the common sense of the ordinary man.

Yes* | Maybe | No || Score:

The maintenance of order within the nation is more important than ensuring that everybody's rights are upheld.

Yes | Maybe | No* || Score:

Nowadays, more and more officials are prying into matters which do not concern them.

Yes* | Maybe | No || Score:

I am just as concerned about the breakdown of human rights in other countries as if it happened here at home.

Yes* | Maybe | No || Score:

Freedom of information is of fundamental importance.

Yes* | Maybe | No || Score:

Many peoples' lives amount to little more than legalized slavery, whether in the workplace or at home.

Yes* | Maybe | No || Score:

Government nowadays is too centralized.

Yes* | Maybe | No || Score:

The school leaving age should be raised as high as funds permit, whether young people want to stay on at school or not.

Yes | Maybe | No* || Score:

The nation exists for the benefit of the individual, not the individual for the benefit of the nation.

Yes* | Maybe | No || Score:

ANALYSIS

High scorers place great value on freedom of the individual and the protection of human rights. They are opposed to interference in their lives from the State, for which they have limited respect. In extreme this would be an anarchist or someone who has a button on accepting any kind of authority, even if it is imposing sensible order.

Low scorers favor regulation of both business and many aspects of individual behavior. They also tend to place a high value on patriotism and loyalty to the State, because they are comforted by a powerful body - that knows best - taking full responsibility.

How do you compare?

The norm on this trait is between 11-12 points (statistical approximation). This may be represented on the following scale:

Libertarianism 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 || 11 10 9 8 7 6
5 4 3 2 1 Regimentation

E - SOCIAL & POLITICAL ATTITUDES

Trait 6 - REACTIONISM

Few people really know what would be best for their long-term interest.

Yes* | Maybe | No || Score:

It is only by returning to our glorious and forgotten past that real social progress can be made.

Yes* | Maybe | No* || Score:

Criminal violence should be punished more severely than by mere imprisonment.

Yes* | Maybe | No || Score:

To compromise with our political opponents is dangerous because it usually leads to letting down our own side.

Yes* | Maybe | No || Score:

Life in the old days used to be much more pleasant than it is now.

Yes* | Maybe | No || Score:

Avant-garde artists are in no way inferior to past masters.

Yes | Maybe | No* || Score:

Today's revolutionaries and protesters show unrest because the old ways have failed .

Yes | Maybe | No* || Score:

The greatest threats to this country have come from foreign ideas and agitators.

Yes* | Maybe | No || Score:

It is better to stick with what you know than to try new ideas that are untested and may cause more problems.

Yes* | Maybe | No || Score:

Tradition has too big an influence in this country.

Yes | Maybe | No* || Score:

The best of modern popular music is better than the old-fashioned music of years ago.

Yes | Maybe | No* || Score:

Most politicians have a hidden agenda that is quite different from their public statements

Yes* | Maybe | No || Score:

Social planning leads to regimentation.

Yes* | Maybe | No || Score:

We should recognize that we have duties to society as well as rights.

Yes | Maybe | No* || Score:

Easy access to divorce is a threat to the institution of marriage and this trend should be reversed.

Yes* | Maybe | No || Score:

The Constitution of our great country should never be questioned.

Yes* | Maybe | No || Score:

Most modern art is pretentious nonsense.

Yes* | Maybe | No || Score:

If you start trying to change things much, you usually make things worse.

Yes | Maybe | No* || Score:

Even though the masses appear to behave stupidly at times, that is a reflection of their leaders; taken individually, I have a lot of faith in the common sense of the ordinary man.

Yes* | Maybe | No || Score:

The maintenance of order within the nation is more important than ensuring that everybody's rights are upheld.

Yes | Maybe | No* || Score:

Nowadays, more and more officials are prying into matters which do not concern them.

Yes* | Maybe | No || Score:

Scientific inventions have carried us too far too fast; we should be given a resting pause now.

Yes* | Maybe | No || Score:

It is always a good idea to look for new ways of doing things.

Yes | Maybe | No* || Score:

This country should ensure that none of its independence and power is ever lost.

Yes* | Maybe | No || Score:

Things were much better when it was understood that the place for a woman is in the home.

Yes* | Maybe | No || Score:

Morals in this country are pretty bad and getting worse.

Yes* | Maybe | No || Score:

It seems to me that whoever you vote for, things go on much the same.

Yes* | Maybe | No || Score:

ANALYSIS

People are labeled "reactionary" if they resist change to a new order of things - but then they may be right! High scorers tend to be disturbed by what they see as moral decay in society. They show strong support for traditional institutions and look to the past for their model of life.

Low scorers are progressive thinkers, open to new ideas and future-oriented. They think that life is getting better - but then they may just be following the tide or latest fashion.

This scale has fairly high correlation with age.

How do you compare?

The norm on this trait is between 16-17 points (statistical approximation). This may be represented on the following scale:

Reactionary 27 26 25 24 23 22 21 20 19 18 17 || 16 15 14 13 12 11 10 9 8 7 6 5 4
3 2 1 Progressive

E - SOCIAL & POLITICAL ATTITUDES

Trait 7 - PACIFISM

We should stop trying to play a role in the world that is beyond our strength.

Yes* | Maybe | No || Score:

The best way to deal with an antagonistic person is to stay calm and listen to what they have to say.

Yes* | Maybe | No || Score:

It is only by returning to our glorious and forgotten past that real social progress can be made.

Yes* | Maybe | No* || Score:

Criminal violence should be punished more severely than by mere imprisonment.

Yes* | Maybe | No || Score:

To compromise with our political opponents is dangerous because it usually leads to letting down our own side.

Yes* | Maybe | No || Score:

War can never be justified, even to protect our national rights and honor.

Yes* | Maybe | No || Score:

Hunting is sadistic and cruel, and should therefore be forbidden.

Yes* | Maybe | No || Score:

There have been times when I would have liked to kill someone.

Yes | Maybe | No* || Score:

Compulsory military training in peace-time is necessary for the security of this country.

Yes | Maybe | No* || Score:

The evils of war are greater than any perceivable benefits.

Yes* | Maybe | No || Score:

It is inherent in human nature to fight for and protect one's territory, so it would be harmful to suppress that natural drive.

Yes | Maybe | No* || Score:

If someone insulted me, I'd likely punch them out.

Yes | Maybe | No* || Score:

Our political leaders should be doing a great deal more to help resolve the conflicts occurring around the world.

Yes* | Maybe | No || Score:

We spend too little on our armed forces.

Yes | Maybe | No* || Score:

The United Nations organization is useless and does not deserve our support.

Yes | Maybe | No* || Score:

Boxing is a travesty of a sport.

Yes* | Maybe | No || Score:

We have never, as a nation, fought an unjust war.

Yes | Maybe | No* || Score:

Occupation by a foreign power is better than involvement in war.

Yes* | Maybe | No || Score:

If someone was lying collapsed on the pavement, I'd see if I could help.

Yes* | Maybe | No || Score:

The dropping of the first atom bomb on a Japanese city, killing thousands of innocent civilians, was morally wrong and indefensible.

Yes* | Maybe | No || Score:

Conscientious objectors are traitors to their country and should be treated accordingly.

Yes | Maybe | No* || Score:

The private manufacture of arms and ammunition and the holding of private weapons should be outlawed.

Yes* | Maybe | No || Score:

Capital punishment should be reintroduced in all States.

Yes | Maybe | No* || Score:

Corporal punishment in schools is an ideal way to teach children what is right and wrong.

Yes | Maybe | No* || Score:

I would never deliberately tread on an insect.

Yes* | Maybe | No || Score:

If someone broke into my house I wouldn't hesitate to shoot them.

Yes | Maybe | No* || Score:

ANALYSIS

High scorers believe there is no justification for war; they would prefer a policy of non-violence whatever the outcome might be - indeed they may think a Gandhi-like policy would ultimately be more effective. Being gentle, humane and empathetic, they are repulsed by all violence. Generally speaking, women tend to be more peaceful than men.

Low scorers favor the maintenance of military strength and an aggressive policy towards potential enemies or anyone who they consider needs teaching a lesson. They believe that violent aggression is inherent in human nature, that all persons have the right to carry arms and that the willingness to apply force is a reflection of their manliness and courage.

How do you compare?

The norm on this trait is between 10-11 points (statistical approximation). This may be represented on the following scale:

Pacifism 25 24 23 22 20 19 18 17 16 15 14 13 12 11 || 10 9 8 7 6 5 4 3 2 1
Militarism

APPENDIX 1

The EPQ (Eysenck Personality Questionnaire)

Prof. Eysenck's theory is based primarily on physiology and genetics. Although he was a behaviorist who considered learned habits of great importance, he considers personality differences as growing out of our genetic inheritance. He is, therefore, primarily interested in what is usually called temperament.

Temperament is that aspect of our personalities that is genetically based, inborn, there from birth or even before. That does not mean that a temperament theory says we don't also have aspects of our personality that are learned, it's just that Eysenck focused on "nature," and left "nurture" to other theorists.

Eysenck initially conceptualized personality as two, biologically-based categories of temperament:

Extraversion/Introversion

Extraversion is characterized by being outgoing, talkative, high on positive affect (feeling good), and in need of external stimulation. According to Eysenck's arousal theory of extraversion, there is an optimal level of cortical arousal, and performance deteriorates as one becomes more or less aroused than this optimal level. Arousal can be measured by skin conductance, brain waves or sweating. At very low and very high levels of arousal, performance is low, but at a more optimal mid-level of arousal, performance is maximized. Extraverts, according to Eysenck's theory, are chronically under-aroused and bored and are therefore in need of external stimulation to bring them up to an optimal level of performance. Introverts, on the other hand, are chronically over-aroused and jittery and are therefore in need of peace and quiet to bring them up to an optimal level of performance.

This temperament corresponds with Category A (Extraversion/Introversion) in the Know Your Own Mind questionnaire.

Neuroticism/Stability

Neuroticism or emotionality is characterized by high levels of negative affect such as depression and anxiety. Neuroticism, according to Eysenck's theory, is based on activation thresholds in the sympathetic nervous system or visceral brain. This is the part of the brain that is responsible for the fight-or-flight response in the face of danger. Activation can be measured by heart rate, blood pressure, cold hands, sweating and muscular tension (especially in the forehead). Neurotic people, who have low activation thresholds, and unable to inhibit or control their emotional reactions, experience negative affect (fight-or-flight) in the face of very minor stressors - they are easily nervous or upset. Emotionally stable people, who have high activation thresholds and good emotional control, experience negative affect only in the face of very major stressors - they are calm and collected under pressure.

This temperament corresponds with Category B (Emotional Stability) in the questionnaire.

The two dimensions or axes, extraversion-introversion and emotional stability-instability, define four quadrants. These are made up of:

- **stable extraverts (sanguine)** qualities such as - outgoing, talkative, responsive, easygoing, lively, carefree, leadership)
- **unstable extraverts (choleric)** qualities such as - touchy, restless, excitable, changeable, impulsive, irresponsible)
- **stable introverts (phlegmatic)** qualities such as - calm, even-tempered, reliable, controlled, peaceful, thoughtful, careful, passive)
- **unstable introverts (melancholic)** qualities such as - quiet, reserved, pessimistic, sober, rigid, anxious, moody).

Further research demonstrated the need for a third category of temperament:

Psychoticism/Socialization

Psychoticism is associated not only with the liability to have a psychotic episode (or break with reality), but also with aggression. Psychotic behavior is rooted in the characteristics of tough-mindedness, non-conformity, inconsideration, recklessness, hostility, anger and impulsivity. The physiological basis suggested by Eysenck for psychoticism is testosterone, with higher levels of psychoticism associated with higher levels of testosterone.

This temperament corresponds with Category C (Mastery/Sympathy) in the questionnaire.

The following table describes the traits that are associated with the three temperaments in Eysenck's model of personality:

Psychoticism	Extraversion	Neuroticism
Aggressive	Sociable	Anxious
Assertive	Irresponsible	Depressed
Egocentric	Dominant	Guilt Feelings
Unsympathetic	Lack of reflection	Low self-esteem
Manipulative	Sensation-seeking	Tense
Achievement-oriented	Impulsive	Moody
Dogmatic	Risk-taking	Hypochondriac
Masculine	Expressive	Lack of autonomy
Tough-minded	Active	Obsessive

The further Categories included in questionnaire are not fundamental temperaments but during the exhaustive testing of personality that Eysenck conducted, he also looked into the areas of sexuality and political attitudes that of course play a major part in our lives, and determined norms of behavior and viewpoint with his usual statistical thoroughness.

Biography

Hans Eysenck was born in Germany on March 4, 1916. His parents were actors who divorced when he was only two, and so Hans was raised by his grandmother. He left there when he was 18 years old, when the Nazis came to power. As an active Jewish sympathizer, his life was in danger.

In England, he continued his education, and received his Ph.D. in Psychology from the University of London in 1940. During World War II, he served as a psychologist at an emergency hospital, where he did research on the reliability of psychiatric diagnoses. The results led him to a life-long antagonism to mainstream clinical psychology.

After the war, he taught at the University of London, as well as serving as the director of the psychology department of the Institute of Psychiatry, associated with Bethlehem Royal Hospital. He has written 75 books and some 700 articles, making him one of the most prolific writers in psychology. Eysenck retired in 1983 and continued to write until his death on September 4, 1997.

Eysenck's theory remains influential; before his death in 1997, he was the most cited living psychologist, and he is the third most cited psychologist of all time, after Freud and Piaget.

APPENDIX 2

Interpretation of overall results

It may be that you score higher than the norm in some extravert traits and at the same time higher in some introvert traits. That's to be expected; many people are ambivert - in some circumstances extraverted and in others introverted, depending on their needs and corresponding fears, and other factors like conditioning. But one moves into the type of person that may be described as "extravert" or "introvert" if that way of being becomes dominant. At what level does one consider it to be dominant?

Extraversion is dominant if there are high levels of activity, sociability, risk-taking, expressiveness, and can become neurotically so if there are also high levels of impulsiveness, lack of reflection and lack of responsibility, or if risk-taking is very high.

Introversion is dominant if there are high levels of responsibility, high reflection, low impulsiveness, low risk-taking, and can become problematic if there are low levels of activity, sociability and expressiveness, or if impulsiveness and risk-taking are very low.

I offer here a brief outline of how to interpret the scores in response to a reader's question:

I'm currently at college studying Sports Science. As I have a real interest in psychology, I am doing a research project on personality and playing positions in netball teams. In order to gather my relevant information from each netball player I shall be using Eysenck's Personality Questionnaire. I have one main problem, I do not know how to interpret the results.

These are the qualities of people who are extraverted but a bit on the unstable side:

Active, optimistic, impulsive, changeable, excitable

And more unstable: aggressive, restless, touchy

These are the qualities of people who are extraverted but also more stable than normal:

Sociable, outgoing, talkative, **responsive**, easygoing, **lively**, carefree, **leader**

These are the qualities of people who are introverted but a bit on the unstable side: Quiet, unsociable, reserved, pessimistic, sober, rigid, anxious, moody

These are the qualities of people who are introverted but also more stable than usual:

Passive, **careful, thoughtful**, peaceful, **controlled, reliable, even-tempered, calm**

Extraversion tends to go with: more **active, sociable, risk-taking**, impulsive, **expressive**, tending to lack reflection and tending towards irresponsibility.

Emotional instability tends to go with: less self-esteem, unhappiness, anxiety, obsessiveness, less self-directed (autonomy), may be hypochondriac, tendency to dwell on guilt and so on.

These dimensions are dealt with on the EPI (Eysenck Personality Inventory). The EPQ (Eysenck Personality Questionnaire) includes the dimension or temperament of 'tough-mindedness' (somewhat independent of the two previous temperaments of extraversion and emotional stability) which has these qualities:

Aggressiveness, assertiveness, achievement orientation, manipulation, sensation-seeking, dogmatism, masculinity.

Of course people don't fit into little pigeon holes quite like that. In some areas of life, a person may be shy and introverted (where fears and past bad experiences cause barriers) and in other areas the person may be more confident and outgoing (where maybe the person has done better in the past, perhaps connected with talents in that area or support). Or a person might be quite stable normally but in some circumstances his or her 'buttons' easily get pushed and the person may get uncharacteristically distressed or angry. Bear in mind that in the context of playing netball a person may have a rather different personality than in other areas of her life.

I marked the qualities in **bold** above that seem to me most desirable for a participant in a netball team. In general, emotional stability is the biggest plus as all the emotionally unstable qualities are not much help in the team. Extraverted and moderately unstable is OK nevertheless.

Regarding positions, as you say, the forward positions probably are best filled with the more extravert persons (who will take risks and look for chances) and the defensive positions with the more introvert (who will stay calm and take the defensive duties seriously) but also reasonably tough-minded.

A person is better to edge on the side of tough-minded, but not too much as that temperament edges into psychoticism (you don't want psychos on your team!) - but you don't want weak-willed people either, when the going gets difficult.