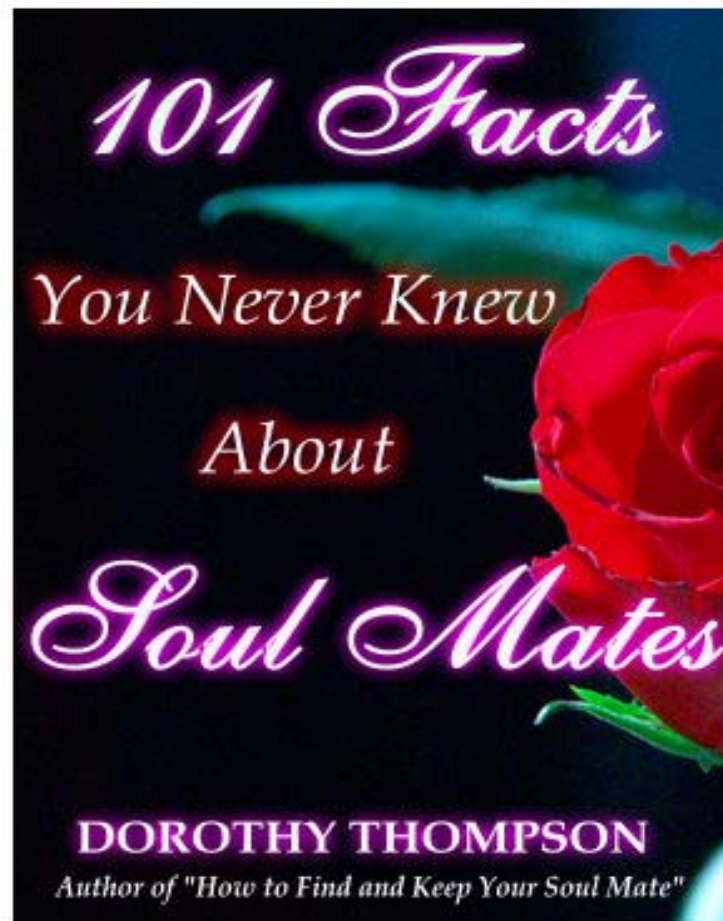


*101 Facts
You Never Knew About
Soul Mates*



by
Dorothy Thompson,
“The Soul Mate Queen”
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101 Facts You Never Knew About Soul Mates

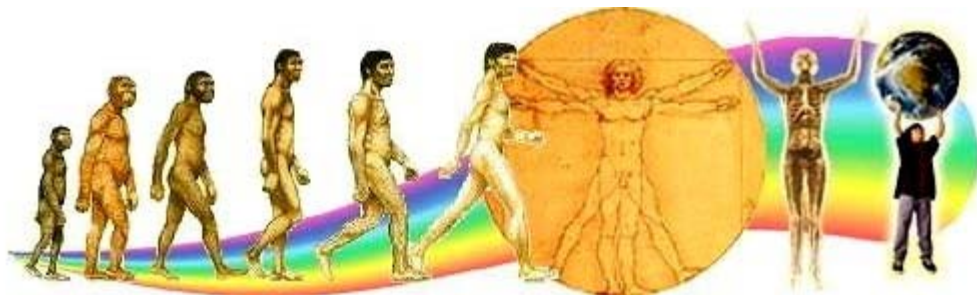


**by Dorothy Thompson,
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Why Do Personal Development?

Part of the nature of humans is to be constantly developing, growing and moving toward a balanced and mature way of being. Our present personality is determined by both who and what we have been and by the person we strive to become. The goal of personal development is to learn and apply that which enables us to attain emotional wellbeing, understanding and effectiveness, and to share this knowledge with others.

Personal development is the conscious evolution of human nature, and yet throughout history it has been sorely lacking! Although it is in our nature to learn and grow, we are held back by our culture, which is predominantly focused on survival needs, each of us in competition with others, and our spiritual inner nature is repressed. The animal rules. We make no room for unconditional love.

Even though the culture may have evolved with technological advancement and administrative complexity, human nature has not moved forward as it might. We are now paying the price for human selfishness and inconsideration. Going forward, the quality of our lives on this planet - even our survival - now depends on each of us taking responsibility for our personal growth.

The human being needs to awaken to the soul that inhabits each body and is our true self and source of inner knowing. Awaken through a process of self-discovery, leading to one's own, self-directed spirituality. We need to become mindfully conscious instead of ruled by the dictates of instincts, past habits and fixed beliefs. We need to throw away dogma, open our minds and reconsider. Instead of fear about our survival and competitive angst, we will then be motivated by compassionate understanding and creative love.

For those that do move forward, the next epoch - that is almost upon us as we move into 2012 - will be a celebration of human cooperation and shared love. It's our best hope for the future - and it's in our hands.

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About the Author



Relationship expert and author Dorothy “The Soul Mate Queen” Thompson is the editor/contributing author of *Romancing the Soul – True Stories of Soul Mates from Around the World and Beyond*, a collection of true soul mate stories from people all over the world who have found their soul mates.

She is also the author of the e-book, *How to Find and Keep Your Soul Mate*, a self-help guide for those who wish to understand more about the soul mate experience.

Dorothy specializes in working with singles and couples who are searching for more meaning into their relationships. She is a media favorite appearing on such radio shows as Single Talk, Lifetime Radio, Cuzin Eddie Show (with Penny Sansevieri) and other national radio shows.



You can visit her website at www.soulmatequeen.com or her blog at www.overthehillchick.blogspot.com.

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Spice up your love life by signing up for my newsletter with my free monthly relationship tips, advice column and more! You’ll also get my FREE REPORT, “How to Identify Your Soul Mates,” just for signing up!

Subscribe today at: <http://groups.yahoo.com/group/DorothyThompsonNewsletter/>

Foreword



Thank you so much for downloading my free e-book, *101 Facts You Never Knew About Soul Mates*.

Included within the pages of this e-book are little known facts about the soul mate experience that you might not have realized.

It is my hope that after reading this e-book, you will understand what soul mates are really all about and can use this information towards finding happiness within your own relationships.

I hope you enjoy the e-book and pass it along to your friends. You are also welcome to use this e-book as a bonus giveaway to sell your own e-books as long as the e-book remains in its original form.

If you would like to read real cases of people who have found their soul mates and have lived to tell about it, check out my book, *Romancing the Soul*, at Amazon.com. If you can't wait, you can download my e-book, *How to Find and Keep Your Soul Mate*. More information is on my website at www.soulmatequeen.com.

Enjoy the book and may all your soul mate dreams come true!

- Dorothy

101 Facts You Never Knew About Soul Mates



♥ **FACT #1**

You have more than one soul mate, contrary to what most people have been brought up to believe.

♥ **FACT #2**

You do not need your soul mate to make you happy.

♥ **FACT #3**

You have to learn how to make yourself happy first before you can allow someone else to love you.

♥ **FACT #4**

Soul mates come into our lives to achieve balance.

♥ **FACT #5**

Soul mates come into our lives to help us find our inner self.



♥ **FACT #6**

Soul mates do not discriminate between sexes, nationalities or religious or political persuasions.

♥ **FACT #7**

Your soul mate can even be that furry mate you have lying beside your feet.

♥ **FACT #8**

That's because the soul mate love comes in all shapes, forms and sizes.

♥ **FACT #9**

The soul mate relationship does not focus on physical attributes. It doesn't matter what they look like on the outside; it's what's inside that really matters for a successful soul mate union.



♥ **FACT #10**

The physical being is but a shell and the real soul mate love lies within this shell. Your physical self is your DNA; it's what your mother and father bestowed on you when you were born. However, it has nothing to do with your spiritual self and that's where you will find your soul mate.

♥ **FACT #11**

When we meet our soul mate for the first time, we will get an immediate instantaneous attraction to him/her.

♥ **FACT #12**

It is a spiritual attraction where one spirit connects to the other.

♥ **FACT #13**

By tuning into your inner self, you will instantly recognize your soul mate.

♥ **FACT #14**

Soul mates come into our lives for distinct reasons.



♥ **FACT #15**

Soul mates come into our lives to compliment us.

♥ **FACT #16**

Soul mates come into our lives to complete us.

♥ **FACT #17**

There are many kinds of soul mates and each one can be classified into three distinct categories.

♥ **FACT #18**

The three different categories are karmic, companion and twin soul.

♥ **FACT #19**

There is even a fourth group which are called group souls.

♥ **FACT #20**

The karmic soul mate comes into your life to help you solve a problem or for you to help them solve a problem.

♥ **FACT #21**

The karmic soul mate can be a co-worker, close friend or even a family member.

♥ **FACT #22**

The karmic soul mate can also be a special pet with which there is a spiritual bond.

♥ **FACT #23**

The karmic soul mate is one of most common of all soul mate relationships and you can have many in your lifetime.



the

♥ **FACT #24**

There are usually no sexual relations involving the two karmic soul mate partners.

♥ **FACT #25**

The companion soul mate is someone who comes into your life for intimacy and/or childbearing.

♥ **FACT #26**

The companion soul mate is someone with whom you eventually marry in some cases and in others create a lifelong spiritual bond.

♥ **FACT #27**

However, the companion soul mate is not destined to be in your life forever, thus constitutes the increase of divorces.

♥ **FACT #28**

The companion soul mate is brought into your life for a reason and one of them is for self-growth.

♥ **FACT #29**

As opposed to the karmic and twin soul relationship, the companion soul mate relationship requires more work from both partners to sustain a healthy, loving atmosphere.



♥ **FACT #30**

Even if you and your companion soul mate part, he/she will never be gone completely from your life.

♥ **FACT #31**

The third category of soul mates, the twin souls, is the most sought after form of soul mate.

♥ **FACT #32**

The twin soul also comes into your life for a distinct reason.

♥ **FACT #33**

You will recognize your twin soul as if you'd known him/her all your life.

♥ **FACT #34**

The twin soul is your divine counterpart.

♥ **FACT #35**

Your twin soul's spirit mirrors your spirit, recognizes it and bonds.

♥ **FACT #36**

No one can separate you from your twin soul.



♥ **FACT #37**

However, if the timing isn't right, the twin soul will leave, only to join you again at a later lifetime. But the bond never goes away.

♥ **FACT #38**

The most common factor of the twin soul union not materializing is the fact that one or both parties are already in committed relationships.

♥ **FACT #39**

However, if the timing is right and both parties are strong, the twin soul relationship can happen.

♥ **FACT #40**

No matter which "kind" of soul mate comes into your life, they are all there for reasons and are no more or less important than the others for they all help us find our higher selves.

♥ **FACT #41**

We are all on missions in life and it is up to us to find that mission. Our soul mates help us achieve that.

♥ **FACT #42**

Sometimes our soul mate comes into our lives because we have a need to resolve.

♥ **FACT #43**

However, in order for us to find our soul mate, we have to be complete within ourselves. That's not saying that we don't have needs or problems. It's saying that we know what we want out of life and are striving towards that goal. Our soul mates help us with detours along the way.



♥ **FACT #44**

A soul mate is someone who helps you grow spiritually to achieve balance in your life.

♥ **FACT #45**

You know you have met your soul mate because you connect on a very different level than anyone you have ever met before.

♥ **FACT #46**

You can't force the soul mate union. It's either there or it isn't.

♥ **FACT #47**

If you do try to force it, it messes up your whole spiritual path towards finding your inner self and, thus, problems within the relationship surface.

♥ **FACT #48**

If you are desperate to find your soul mate, it will not happen.

♥ **FACT #49**

If you are looking for your soul mate to fulfill your needs, it will not happen.

♥ **FACT #50**

There is no "the one" out there. You have many soul mates and each one serves a purpose for coming into your life.



♥ **FACT #51**

You can find your soul mate online; however, be very careful with this approach.

♥ **FACT #52**

The reason? The only true way you can recognize your soul mate is through physical contact.

♥ **FACT #53**

Your soul mate encourages you in whatever projects or undertakings you are involved in.

♥ **FACT #54**

Your soul mate accepts you for who you are.

♥ **FACT #55**

Your soul mate nurtures you when you are down and praises you when you succeed.

♥ **FACT #56**

Your soul mate is your best friend.

♥ **FACT #57**

Your soul mate and you have conversations that last through the night. You both listen to what the other has to say and do not criticize.



♥ **FACT #58**

You must have positive karma within your relationship for the soul mate relationship to succeed.

♥ **FACT #59**

If you have not rid yourself of bad karma, the relationship will not succeed.

♥ **FACT #60**

You must respect one another.

♥ **FACT #61**

Trust is one of the most important traits in a successful soul mate union.

♥ **FACT #62**

If you do not have trust, you have nothing, and it's best to move on.

♥ **FACT #63**

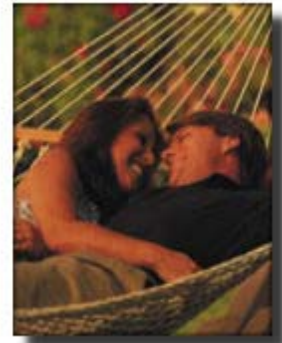
Your soul mate gives you unconditional love.

♥ **FACT #64**

An estimated 53% of all people will have one or more affairs in their lifetime.

♥ **FACT #65**

One of the reasons is that one of their other soul mates has come into their life for a reason.



♥ **FACT #66**

The reason has to be established in order to learn from it.

♥ **FACT #67**

Life is one big learning lesson.

♥ **FACT #68**

Of almost 127 million Americans age 40 or older, more than a third is unattached.

♥ **FACT #69**

Of these 127 million Americans, some prefer living alone to finding their soul mate.

♥ **FACT #70**

These people are in what you would call the “regrouping stage.”

♥ **FACT #71**

It’s perfectly normal to be in the regrouping stage because it is at this time that you find your inner self and who you really are at this point in life.

♥ **FACT #72**

After the regrouping stage, you are ready to find your soul mate.

♥ **FACT #73**

There are twenty-five million single women in the world today.

♥ **FACT #74**

Most quote careers as the number one reason they are single. The second reason is that they have given up on finding love.

♥ **FACT #75**

The first online personal ad appeared in 1995.

♥ **FACT #76**

Slightly more than one to two teenagers (12%) are currently in a relationship with someone they have been dating for more than a year, according to a survey of 4,600 teens (ages 12 – 17) conducted by the New York City-based market research firm Mediamark Research, Inc.



♥ **FACT #77**

According to TopDatingTips.com Readers Poll, more than half of those who responded date simultaneously.

♥ **FACT #78**

According to the same poll, 71% believe in love at first sight.

♥ **FACT #79**

Personality ranked #1 in the same poll.

♥ **FACT #80**

Unfaithfulness was the #1 reason the relationship ended.



♥ **FACT #81**

According to SearchYourLove.com, most single men and women are interested in finding someone special and broadening their resources to make it happen.

♥ **FACT #82**

67% of U.S. single men and 86% single women find that someone who smiles a lot is a bigger turn-on over someone who is physically attractive, but has no personality.

♥ **FACT #83**

According to a 2003 study by the AARP, 35 % of middle-aged American women said they preferred to date younger men. According to the U.S. Census, 12 % of marriages are between older women and younger men.

♥ **FACT #84**

It has been proven statistically that being in a relationship is healthier than being single.

♥ **FACT #85**

Men who live alone are at an increased risk of dying from a variety of illnesses than men who are in committed relationships.

♥ **FACT #86**

Studies show that 85% of men and women who are in relationships are in them for the wrong reasons.

♥ **FACT #87**

The wrong reasons include becoming a father before they're ready and financial reasons.



♥ **FACT #88**

68% of men in the U.S. would not waste time on a second date if there was no chemistry on the first. 56% of women would give it a second chance.

♥ **FACT #89**

When there is chemistry, 97% will call within 72 hours to arrange a second date.

♥ **FACT #90**

According to It's Just Lunch, a dating agency for single working professionals, 51% of men in the U.S. had over six dates in the past year, while 58% of women had just four.

♥ **FACT #91**

And it's a confirmed statistical fact that more than 50% of marriages end in divorce.

♥ **FACT #92**

From the book, "Positive Illusions: From 'I do' to the Seven-Year Itch" by Amy Dickinson, married couples' assessment of the quality of their marriage starts to sink rapidly just after the "I do" and continues downward through the first four years.

♥ **FACT #93**

According to DivorceMagazine.com, total divorces granted in 1997 were 1,163,000 with Nevada holding the number one state for the most. The average age of males who divorced for the first time was 30 years old and for women, 29 years old.



♥ **FACT #94**

According to a 2001 Gallup survey of 1003 Americans, age 20-29, for the Rutgers University's National Marriage Project, 94% want a soul mate for a spouse "first and foremost."

♥ **FACT #95**

According to a study performed by the Louisiana State University, 88% of American men and women between the ages of 20 and 29 believe they have a soul mate who is waiting for them.

♥ **FACT #96**

The truth of the matter is, because of the young age, they will have many soul mates waiting for them.

♥ **FACT #97**

According to Bride's Magazine, the average age of a woman getting married in the United States is 27.

♥ **FACT #98**

Also according to Bride's Magazine, 66% of altar-bound men and women live together before getting married.



♥ **FACT #99**

The main thing to remember is that the best, and longest lasting, relationship is the one in which your love for each other exceeds your need for each other.

♥ **FACT #100**

Finding your soul mate requires patience and the ability to look beyond the fairytale notion of what soul mates are supposed to be and to look instead to what they can become.

♥ **FACT #101**

Loving life is the best present anyone can give to oneself. Finding someone to share that life makes it even richer.

Dear Friends,

By offering this e-book for free, I wanted these words to reach to as many people as I could to help them understand the real facts and statistics behind relationships.

While the statistics may be unsettling, leading you to feel that relationships just aren't worth all the emotional stress, the facts will show you that achieving a harmonious and happy relationship is not that hard once you are enlightened to the *real* world of soul mates.

Yes, it does take work, but there's a saying that goes, "If it feels right; it's right." The same theory can be applied to the soul mate relationship, also. When you fall in love, you are blinded by the euphoria and the dancing butterflies and sometimes miss those warning signals. Of course, later on down the road, the butterflies are gone and in its place is the nagging feeling that maybe he/she wasn't your soul mate after all.

Listen to your inner self. Don't become another statistic.

If you would like to read more on the soul mate theory, check out my other books. "*How to Find and Keep Your Soul Mate*" not only explains the ways to find and keep your soul mate, but offers tips on what to look for that are invaluable to becoming happy, fulfilled and whole while my anthology, "*Romancing the Soul – True Stories of Soul Mates from Around the World and Beyond*" (Zumaya Publications 2004) gives real life examples of those who have found their soul mates through real-life miracles and chance encounters.

Now more than ever, you need to understand what soul mates are *really* all about.

Love and Light,

Dorothy

Other Relationship Books
by DorothyThompson:



Romancing the Soul, compiled and edited by Dorothy Thompson, is available globally at www.zumayapublications and Amazon.com. Available in trade paperback and e-book (appr. 350 pp., ISBN# 1-66410-096-8)

How to Find and Keep Your Soul Mate Available in E-book format only (appr. 50 pages)

Purchase information can be found at www.soulmatequeen.com.



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